

2009 CLASH AT THE CAPSTONE

Place	#	NAME	Wt/Ht
TEEN MEN			
1st	3	David Alexander	185.4
2nd	1	Tommy Snow	168
3rd	2	Wesley Hayes	178
NOVICE LIGHTWEIGHT			
1st	4	Aaron Golden	145.2
2nd	5	Michael Polis	150.4
NOVICE MIDDLEWEIGHT			
1st	3	David Alexander	185.4
2nd	7	Demetrius Turner	175
3rd	6	John Glover	169.8
4th	2	Wesley Hayes	178
NOVICE HEAVYWEIGHT			
1st	8	Jody Elmore	208.4
2nd	9	Laramie Rice	9
MASTERS OVER 40			
1st	12	Jeff Powell	202.4
2nd	10	Timothy Skinner	201.2
3rd	13	Rick Prince	175.4
4th	11	Jimmy Hartley	203.4
5th	14	Julius Reynolds	184
MASTERS OVER 50			
1st	17	Caesar Hamilton	154
2nd	16	David Snow	198.8
3rd	15	Glenn Bonnett	168.6
MASTERS OVER 60			
1st	18	Ed Bester	203
MEN'S TUSCALOOSA			
1st	16	David Snow	198.8
2nd	15	Glenn Bonnett	168.6
3rd	8	Jody Elmore	208.4
4th	11	Jimmy Hartley	203.4
5th	9	Laramie Rice	191.4
FIGURE TUSCALOOSA			
1st	34	JoAnna Monroe	5'3 ³ / ₄ "
COLLEGIATE ALABAMA			
1st	19	Adam Aycock	154.2
FIGURE SHORT			
1st	33	Brooke Mozley	5'2"
2nd	32	Michelle Beatty	4'11 ¹ / ₂ "
3rd	30	Chrissy Haddican	5'4"
4th	34	JoAnna Monroe	5'3 ³ / ₄ "
5th	31	Avis Thompson-Tiggs	5'2"
FIGURE MEDIUM			
1st	35	Gwen Smith	5'4 ¹ / ₄ "

Place	#	NAME	Wt/Ht
BIKINI SHORT			
1st	28	Amy Brown	5'4"
2nd	27	Wendy Parker	5'2 ³ / ₄ "
3rd	26	Christy Dawson	5'1 ¹ / ₂ "
BIKINI TALL			
1st	29	Cindy Steele	5'5"
JUNIOR LIGHTWEIGHT			
1st	4	Aaron Golden	145.2
2nd	19	Adam Aycock	154.2
3rd	5	Michael Polis	150.4
JUNIOR MIDDLEWEIGHT			
1st	7	Demetrius Turner	175
2nd	20	Jesse Westbrook	162.2
3rd	6	John Glover	169.8
JUNIOR LIGHT HEAVYWEIGHT			
1st	21	Kevin Godwin	179
2nd	14	Julius Reynolds	184
JUNIOR HEAVYWEIGHT			
1st	8	Jody Elmore	208.4
2nd	9	Laramie Rice	191.4
OPEN MEN LIGHTWEIGHT			
1st	17	Caesar Hamilton	154
OPEN MEN MIDDLEWEIGHT			
1st	15	Glenn Bonnett	168.6
OPEN MEN LIGHT HEAVYWEIGHT			
1st	23	Joseph Ajdarodini	192.2
OPEN MEN HEAVYWEIGHT			
1st	16	David Snow	198.8
2nd	12	Jeff Powell	202.2
3rd	24	Anthony Ermi	206.4
4th	25	Michael Horvath	212.2

***OVERALL DIVISION WINNER**